

## **March 2023**

2829 Wisemans Ferry Road, Mangrove Mountain NSW 2250 Phone: 4374 1239 www.mountainchildren.com.au *E: mountainchildren@bigpond.com* 

### News from Louisa

Welcome to our second edition of the newsletter for 2023. We hope you are settling into the year and for those with children at school I hope they have settled into the routine as well.

#### Harmony Day

We would like to invite you join us for lunch on Friday 24<sup>th</sup> March at 11.30am to celebrate our diverse family backgrounds. We would love for you to share some of your family cultural foods with the centre on this day if you are able to. If you are unable to attend you are more than welcome to bring in something in the morning to share for lunch. Notes will be sent out later this week.

#### Safe Sleep Week

This week is SIDS Safe Sleep Week. Here are some resources for you at home from Red Nose to assist with ensuring your children are safe when sleeping. Please feel free to chat to staff if you would like any advice regarding safe sleeping practices for your children.

#### 40<sup>th</sup> Birthday Celebrations

On Sunday 27<sup>th</sup> August from 11am-2pm we will be celebrating 40 years in operation. Please spread the word as we would love to have as many of our current families as well as past families and members of the community. We will begin to publicise this event in the Community News, emails, invitations and via our Facebook page.

#### **Christmas Concert**

To provide you with plenty of notice, we have already scheduled our Christmas Concert for 2023. Please pencil Friday, December 1 at 4.30pm into your diaries for our end of year celebration at the Centre. More information will follow closer to the date.



## March 2023

### News from Louisa (cont.)..

### AGM

You are all invited to our next Annual General Meeting as financial members here at the centre on Wednesday 19<sup>th</sup> April at 7pm to begin at 7.30pm. A light supper will be provided. We look forward to welcoming you to the evening.

### Sharing Photos of holidays or special events

Please feel free to continue to email any special photos from holidays or weekend adventures that your child may like to share with the room for news. Please email photos to mountainchildren@bigpond.com and we can print them out for your child to show for news. You may also like to include a brief description to prompt questions. If we do not get time to do news on the day, then we will do them on the next day your child attends the centre.

### **Nut Free Lunchboxes**

Thank you for your understanding and cooperation to keep the Centre nut free due to children with allergies. Just a reminder to please not pack any nuts or food containing nuts. This includes peanut butter, Nutella, muesli bars and any spreads containing nuts.

Kind Regards Louisa Foxford **Nominated Supervisor** 





## **March 2023**

### Joey's Room News

Kristy Hirons (Monday, Tuesday, Wednesday, and Friday), Cassidy Turner (Monday to Friday), Trudy Gray (Monday to Friday), Eva Sung (Tuesday to Friday), Jessica Hines (Casual), Antoinette Xuereb (Programming and Lunch Cover), Lovely Samejon (Programming and Lunch Cover), Abigail Rickards (Casual)

It's hard to believe another month of fun has passed and we are now into March and Summer has turned to Autumn.

A special welcome to our new Joeys and their families this month - Bridie, Emily and Blaine. It is wonderful to have you join us, and we can't wait to get to spend more time getting to know you, watching you grow and learning about all your favourite things to play with and do over the coming months.

February has been a busy month and brought us lots of fun things to celebrate like World Pizza Day, World Radio Day, Pancake (Shrove) Tuesday, Fairy-tale Week and Dr Seuss Week.

The Joeys children (and staff!) love celebrating food related days, and this month we

enjoyed World Pizza Day, Pancake Day and last but not least, Green Eggs for Dr Seuss week. The Joeys were great at making their very own mini pizzas, spreading sauce, sprinkling cheese & ham, and of course the best part eating them while they're still warm from the oven! 😌 We also made delicious sugar and dairy free banana and chocolate pancakes on Shrove Tuesday following a wonderful felt board story with Kristy about the Pancake Man, which needed some serious banana mashing muscles and left everyone asking for seconds.





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## Joey's Room News (cont.) ...



On World Radio Day we painted and decorated some radio themed colouring craft while listening to some fun old songs about radios and having a dance.

Fairy-tale week was spent enjoying some of the wonderful classic stories with the Goldilocks and the Three Bears and The Three Little Pigs. The children love participating in story time pretending to be the Big Bad Wolf, so that they can 'Huff and Puff' and blow each other down. The Joeys also created a wonderful Little Pig craft, making the three little houses of straw, wood, and bricks.



Family Newsletter

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## Joey's Room News (cont.) ...





We have seen out the month with Dr Seuss week and have enjoyed reading and creating art work for wonderful stories like One Fish, Two Fish, The Lorax, and of course a little experimental cooking to go with Green Eggs and Ham.



We have a lot of our big Joey friends who are on the journey to toilet training. This can be a difficult process for some, and easy for others, so expect that there may be some wins and some setbacks along the way, and definitely a bit more laundry for a while. This process is always a little easier if the same thing is happening at home as at preschool, so please don't hesitate to grab one of us for a chat to update us on how things are going, or ask if you have any questions.

Thank you for the parent surveys and family photos we have already received. Our Family Tree on the sleep room door will start having family photos added to it this month, keep a look out for yours, as the children love identifying and pointing out their photo on the tree. This helps the children have a strong sense of belonging. We are happy for the photos to be emailed in, as we can print them for you here.



Family Newsletter

# March 2023

## Joey's Room News (cont.) ...

Until Next Time,

Cassidy, Kristy, Eva, Abi, Jess, Trudy, Antoinette and Lovely

### Joeys Room Staff

### Trudy





Kristy



Cassidy

Jess





Eva

### Antoinette



Abi









## **March 2023**

## **Lizard Room News**

Room Leader – Paris Helson (Monday to Friday), Belinda Stark (Tuesday to Friday), Mary Todd (Monday, Thursday and Friday), Antoinette Xuereb (Programming and Lunch Cover), Lovely Samejon (Programming and Lunch Cover)

Hi all,

The Lizards have been very busy this month with lots of exciting things happening.

We have started the year as a happy and settled group with new friendships being made with those who moved to up from the Joey room. As well as old friendships continuing to develop.

At the start of the month the Lizards participated in World Pizza day, we used our team work to make our delicious pizzas. We made cheese and ham and cheese and pineapple pizza. The Lizards worked in groups to spread the tomato paste and add the ingredients onto the pizza base. It was very yummy. We also celebrated Pancake day, Netta brought in her family pancake recipe for us, the pancakes were a hit!

During the month the Lizards participated in Fairytale week. We read and watched the following: Cinderella, The three little pigs, The Gingerbread Man and The Three Billy Goats Gruff. We then followed these stories up with craft focusing on our scissor skills, fine motor skills and using our hand eye co-ordination. Our Fairy tale window looks fantastic with everyone's craft.







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## March 2023

### Lizard Room News (cont.) ...

The Lizards have shown a growing interest in shapes this month. We have followed this interest each week by focusing on a particular shape such as Squares, Circles, Triangles and lots more. The Lizards engaged through our Shape Week with a range of puzzles, books, games and craft.





The children have been really enjoying listening to their peers Family Tree News. The children have proudly been sitting on the lounge and confidently telling us who is in their family and placing their photo onto our tree. Please feel free to email us a photo of your family and we will be more than happy to print it for you.

We would like to welcome our new classroom pets our stick insects: Sparkles, Dinosaur, Tiger, Apples and Fairy. Our Stick insects are only two weeks old but are growing bigger each day. The Lizards have been using their gentle hands to hold the Stick insects and allowing them to crawl on their arms. We can't wait to continue watching them grow.



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### Lizard Room News (cont.) ...

At the end of the month the Lizards participated in Dr Seuss Week.

We enjoyed watching and listening to Fox in socks, Cat in the hat, Green Eggs and Ham, The Shape of Me and Other Stuff and One fish, Two fish, Blue fish, Red fish. The Lizards engaged through story time, cooking and craft experiences.



The children's other passion has been scissor skills, so we will continue to support this over the following months by providing them with different cutting experiences such as paper and playdough.

The Lizards are continuing to build upon their self-help skills. These skills are making their own beds, managing lunch boxes, putting shoes and socks on and helping at pack away time.





Family Newsletter

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### Lizard Room News (cont.) ...

The Lizard room educators would love to hear from you about your child's interest or if we can assist in any way. Please approach Paris, Belinda or Mary to have a chat.

Until next time,

Paris, Belinda, Mary, Lovely and Antoinette

### **Lizard Room Staff**





Mary



Paris

Belinda

Lovely



#### Antoinette





Famíly Newsletter

## March 2023

### **Snake Room News**

Room Leader – Kathy Rawsthorne (Tuesday to Friday), Allison Monaghan (Monday to Friday), Lovely (Programming and Lunch Cover), Holly Pearce (Monday)

All of our wonderful Snake room friends have continued to settle happily and confidently into their new room.

As a major part of our program and curriculum, we focus on the children's interests, which at the moment is learning all about Doctors. We have set up a dramatic play area for the children to role play this interest, and they have come up with some wonderful and crazy illnesses as they try to 'heal' their friends. At group time, we have focussed on ways to keep our bodies healthy



and have investigated each of the organs within our body and what role they play. We have also incorporated other forms of technology into the children play, allowing them to use the lightboxes and explore x-rays of different body parts.





Family Newsletter

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## Snake Room News (cont.) ...

Last week, Bingo our holiday dingo, went on his first trip away with Montana. All the children were very excited to see the photos of him and hear all about the wonderful adventures he went on.



Bingo can't wait to go on his next adventure, so if you know you are going away on a little trip, please let us know, we have love hearing the children share their news. News time provides some wonderful learning opportunities for both the presenter and the listeners. These include confidence when speaking to the group, self-esteem, ability to answer questions, and memory recall when talking about their news.

Over the last couple of weeks, we have celebrated Fairy-tale week and Dr Seuss week. The children have loved learning some about some new stories. Extending the children's literacy skills and understanding of how books are made, we discussed the different roles including author and illustrator. These weeks have provided the children with lots of opportunities to



show off their wonderful creativity skills. They reenacted their own version of the Three billy goats Gruff, listening to the descriptions from the story they drew their own Gruffalos, and they created their own wacky picture after reading the story wacky Wednesday.



## March 2023

## Snake Room News (cont.) ...

During inside play, our natural loose parts are very popular with the children. The materials inspire so many creative opportunities as the children often work together and collaborate as they build their amazing structures. They demonstrate a variety of skills as they build, including imagination, creativity, problem solving, cause and effect and pride in accomplishment.



If you haven't sent in your family photos, it's not too late. Please feel free to send them via E-mail. Thank you to those who have already completed the family questionnaire. If you haven't, you can still do so by completing the google form:

https://docs.google.com/forms/d/e/1FAIpQLSekL6I655fkfyI6o6K9Bacn6SyadwldDe3DZeDsZ L8LHoVBLw/viewform?usp=sf link

It should only take a few minutes and will allow us to incorporate your goals for your children into our program and curriculum.

Until next time, Kathy, Ally, Jess and Holly



Famíly Newsletter

# March 2023

## Snake Room News (cont.) ...

Snake Room Staff

Kathy

Ally





Holly



Lovely









## March 2023

### **News from the Office**

### **Working Hours of Administration Officer**

I work part time and am at the Centre on Mondays, Wednesdays, and Fridays between 9.30am and 3.30pm. If you need to contact me, please feel free to do so on my workdays -Mondays, Wednesdays or Fridays. You can also email me at any time at mountainchildren@bigpond.com and I will get back to you on my next workday. In urgent cases, please feel free to contact the Centre on any of our opening days (Mondays – Fridays from 7.30am to 5.30pm) and speak to any of our staff.

### **Statements**

Statements are sent out weekly on Fridays. Please check your statements closely - on page 3 or 4 under "Account Transactions" of your statement you will find the future payment to be deducted with "Fee Payment by Batch DD/ CC" in bold and the date and amount next to it. If there is ever a problem with the date or amount to be deducted and you need to change this, please contact us as soon as possible to avoid a dishonour fee of \$19.95 (this is charged by Debitsuccess who handles the payments for us and beyond our control). If you need to make any changes to your payment date or amount, please let us know with a minimum of 48 hours' notice to amend a payment as they are locked in by Debitsuccess after.

#### **Immunisations**

Thank you to everyone who has recently sent through their children's updated immunisation history statements. Updated immunisation history statements can be downloaded from your Medicare services within your myGov account. Please ensure that you email us an updated copy after each immunisation as we are legally required to keep them in your child's file.

#### Hannah

Administration Officer





Family Newsletter

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Dates for your Diary	
MARCH Friday, March 24 at 11.30am	Harmony Day Celebrations at the Centre Please bring a plate of cultural food to share
APRIL Wednesday, April 19 at 7pm	AGM at the Centre (invitations to follow)
MAY Friday, May 12 3-5pm	Mother's Day Afternoon Tea at the Centre
AUGUST Sunday, August 27 11am-2pm	40 <sup>th</sup> Birthday Celebrations at the Centre
DECEMBER Friday, December 1 at 4.30pm	Christmas Concert at the Centre